

A Message from Jolanta Linde, Executive Director

Dear residents, families, volunteers and friends,

It is hard to believe that the year is wrapping up already. What a year it has been!

We lost dear friends whom we miss. We also gained new ones and are welcoming them. Sprinklers are now installed in all of our building as of early 2019. At the end of this year, 50% of our employees and volunteers will be trained in Gentle Persuasive Approach techniques. We are launching a Dom Lipa redevelopment. Our grounds have new flowerbeds thanks to our Family Council. There are so many wonderful things happening thanks to all of you!

This year we had many successful fundraising campaigns. Many people joined us to make them effective. There are no words to properly express our gratitude to each and every one who helped. I will try by saying HVALA LEPA!

We also endured some challenges. Our older elevator in Kastelic Wing is still waiting to be repaired. The work is scheduled to begin in early January 2020. I apologize for the inconvenience this will cause, especially to our Dom Lipa Retirement Home residents. It is anticipated that elevator will be out of service for about four weeks.

I mentioned Dom Lipa redevelopment. The work is needed to bring 30 class "C" long term care beds up to current Ministry of Long Term Care standards. We are in the early stages of this process. The Board of Directors engaged an architect firm, G Architects, to conduct a feasibility study and some of you participated at the presentation on November 27th. Ministry of Long Term Care has issued very strict guidelines on how such redevelopment is to be done. Under no circumstances will there be interference with services and safety for our residents and employees. We will have an exciting year to come.

At the end of this year I want to thank you all for a great 2019! May the Christmas Season be merry for each and everyone!

Sincerely, Jolanta

***Vesel božič in
srečno novo leto!***



Welcome to our new residents!

Rozalija Brožič

Anita Dejak

Frida Flegar

Frances Lenarčič

Anna Leban

Jožef Šuštar

Rose Tomšič

Dora Tomšič

Robert B. Yachevich

Dobrodošli novi stanovalci!

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What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Last Barbeque of Summer



Activities



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Thank you Ansambel Smeh from Slovenia for the lively entertainment!



Thank you accordionist Klemen Rošer from Slovenia for the great performance!



Thank you Montessori School students!
The residents enjoyed your visit and singing very much.



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

*Happy 100th Birthday Katarina Skarjak
October 21st*

*Congratulations Mr. and Mrs. Juretič
59th Wedding Anniversary Nov. 19th*



Celebrating Birthdays



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Thank you Margaret, daughter of resident Florence Petrovčič, for sewing 4 sensory blankets for our residents to enjoy.



Welcome Minister Raymond Cho

Welcome Minister Raymond Cho, Minister for Seniors and Accessibility and Kinga Surma, MPP Etobicoke, to a tour of Dom Lipa on November 1st.

Our guests were accompanied by Joseph Cestnik, Board of Directors, Treasurer, Jason Gorel, who arranged the meeting and Sonja Vidovič, Activation and Volunteer Coordinator.



Joseph Cestnik, Sonja Vidovič, Minister Cho, Kinga Surma, Jason Gorel

Thank you Maestro Fisher for the violin concerto! The classical music was enjoyed by all.



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?



THANK YOU FAMILY COUNCIL

With sincere gratitude from all of us at Dom Lipa for the fall harvest and the beautiful perennial gardens you created for everyone to enjoy!

We thank you for the joy the flowers, placed at the Nursing Stations, brought to all!



Fall Harvest



Thank you Zorka, (resident) and Leslie (staff) for raising money for the Alzheimer's Society!
Thank you to everyone who bought a coffee/donut to support this great cause!

Thank you Darinka Kavčič, daughter of resident Hedvika Lister, for the handmade Christmas decorations sold in the lobby to raise money for the Dom Lipa Luncheon fundraiser!

Thank you to everyone who contributed to the Bake Sale held at the Dom Lipa Luncheon on November 3rd!



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Thank you Milan for the Octoberfest entertainment! Residents always enjoy singing along.



Thank you Mojca, Val and friends for celebrating Halloween with our residents! Everyone had so much fun singing along. The residents' band entertained us wonderfully.



Did you know?

Ali ste vedeli?

The Behavioural Supports Ontario (BSO) initiative was created to enhance health care services for older adults in Ontario with or at risk of responsive behaviours/personal expressions associated with dementia, mental health, substance use and/or other neurological conditions (*Brain Exchange*).

Behavioural Supports Ontario (BSO) recognizes that **all behaviour has meaning**.

Responsive behaviours are often a form of communication of an unmet need for an older adult living with dementia, complex mental illness, substance use and/or other neurological disorders.

Responsive behaviours is a term used to describe how an older adult's actions, words and gestures are a response to something important in their personal, social or physical environment (*Alzheimer Society of Ontario, 2014*). These behaviours usually communicate an unmet need since brain changes affecting memory, judgement, orientation and mood make it difficult for the older adult to communicate verbally. BSO encourages health care providers to focus on what the triggers to responsive behaviours are, in order to meet the older adult's needs.

Examples of responsive behaviours include but are not limited to: hitting, grabbing, scratching, spitting, wandering/pacing, restlessness, repetitive sentences, biting, and collecting items.

The BSO team at Dom Lipa, along with the Activation department, work with all team members to reduce responsive behaviours by creating individualized care plans to meet the person's physical, social or personal needs. We have created and provide a variety of programs and services such as the Montessori program. Incorporating the Montessori philosophy for people living with dementia promotes independence for as long as possible, provides meaning, improves self-esteem, offers choices, treats people with respect and dignity, and places value on the contributions the individual can make. Montessori programs incorporate activities related to daily living, activities to stimulate senses and cognitive abilities, and encourages cultural and social connections. Montessori activities can include baking, visual art, music (i.e. concerts, singing), horticulture therapy (both indoors and outdoors), weeding gardens, harvesting produce from our gardens, baking bread (with our new bread makers), doll therapy, puzzles, reminiscing, aromatherapy, folding clothing, sensory stimulation, tea party/socials, singing, reading stories, floral arranging.

Dom Lipa BSO Team

Behavioural Supports Ontario
Soutien en cas de troubles du comportement en Ontario



Duhovna Misel

Spiritual Message

Nismo rojeni za smrt, ampak za vstajenje

Pri sv. maši, ki jo je papež Frančišek daroval za kardinale in škofe, ki so umrli v preteklem letu je tudi nas povabil, naj dopustimo, da nas nagovori eno od naslednjih treh vprašanj: Ali izstopam iz sebe, da bi šel vsak dan h Gospodu? Ali čutim usmiljenje in ga izkazujem pomoči potrebnim? Ali sprejemam pomembne odločitve v Božji navzočnosti? Na ta način bomo lahko iz sedanjosti, ki jo živimo, naredili zarjo vstajenja.

Prva pomoč pri tem je že Jezusovo povabilo: "Pridite k meni" (Mt 11,28). Toda to povabilo naredim bolj osebno, ako se vprašam kot na primer: "Ali sem danes v srečanju z ljudmi vključil Jezusa, ali sem v molitvi molil tudi zanje? Ali pa sem vse delal tako, da sem ostajal v svojih mislih, se veselil samo tega, kar mi je šlo dobro in se pritoževal nad tem, kar mi je šlo slabo? Skratka ali živim tako da *grem h Gospodu*, ali pa se vrtim okoli samega sebe? Za tiste, ki verujejo ni srednje poti: ni mogoče biti Jezusov in se vrteti okoli samih sebe. Kdor je Jezusov, živi v izhodu proti Njemu.

Vse v življenju je v izhodu: iz materinega telesa, da bi se rodili, iz otroštva, da bi vstopili v puberteto, nato v odraslo obdobje in tako dalje, vse do izhoda s tega sveta, pravi papež Frančišek. Ko molimo za tiste, ki so odšli iz tega življenja ne moremo pozabiti na najpomembnejši in najtežji izhod, ki osmisli vse ostale: izhod iz samih sebe. Le če izstopimo iz sebe, odpiramo vrata, ki vodijo h Gospodu.

Papež je želel izraziti še drugo misel, ki jo je dobil ob plemenitem dejanju Juda Makabejca do pokojnih, ki je naročil spravno daritev zanje in je pred očmi imel "sijajno nagrado, pridržano za tiste, ki zaspijo pobožno" (2Mak 12,45). Sočutje do drugih na široko odpre vrata večnosti. Sklanjati se nad pomoči potrebnimi, da bi jim služili, pomeni ustvarjati predprostor za nebesa. Če je torej prav ljubezen most, ki povezuje zemljo z nebese, se moramo vprašati, če napredujemo po tem mostu: ali dopustim, da me gane situacija nekoga, ki potrebuje pomoč? Ali znam jokati za tistega, ki trpi? Ali molim za tiste, na katere nihče ne misli? Ali pomagam komu, ki mi ne more povrniti? To so življenjska vprašanja, vprašanja vstajenja, poudarja papež Frančišek.

Ob koncu papež omenja še tretjo spodbudo, ki jo predlaga sv. Ignacij, naj si, preden sprejmemo pomembno odločitev, predstavljamo sebe pred Bogom ob koncu časov. Vsakršna življenjska izbira, ki jo soočamo s tega vidika, je dobro usmerjena, saj je bližje vstajenju ki je smisel in cilj življenja. Tako bomo delali izbire, ki bodo imele "okus večnosti, okus ljubezni".

Ali izstopam iz sebe, da bi šel vsak dan h Gospodu? Ali čutim usmiljenje in ga izkazujem pomoči potrebnim? Ali sprejemam pomembne odločitve v Božji navzočnosti? Dopustimo, nas vabi papež, da nas izzove vsaj ena od teh spodbud. Med mnogimi glasovi tega sveta, zaradi katerih se lahko izgubi smisel bivanja, se raje uglasimo z voljo Jezusa, vstalega in živega: tako bomo iz sedanjosti, ki jo živimo naredili zarjo vstajenja.

V spomin In Memoriam

John Kastelic
Angela Mahne
Maria Muhič
Zdenka Preitz
Pino Skrabic
Dragica Valentic
Robert (Bob) Zadel

Naše globoko sožalje sorodnikom.

**Our deepest
condolences
to the families.**

(cfr. Vatican news, Nov 4, 2019)

Pripravil Ivan Plazar, C.M.

Family Council

The FAMILY COUNCIL is thrilled with the creation of so many new gardens around Dom Lipa in 2019, the last one completed this fall.

A big thank you to our FAMILY COUNCIL gardeners: Josephine Muhic-Pellettier, Margaret Petrovcic, Damjana Dzeko, and Betty Petrich, as well as family members Greg Muhic, Mike and Katie Pellettier. Our volunteers helped with digging, tilling, trucking in loads of triple mix, planting hundreds of perennials/shrubs and spreading tons of black cedar mulch. All gardening projects were built and financed by FAMILY COUNCIL funds and by donations from individual members, especially the Muhic-Pellettier family. Our volunteer FAMILY COUNCIL gardeners have also done weekly weeding and watering to keep the gardens looking their best throughout the growing season.

Everyone was thrilled with the bountiful vegetable harvest from the wooden raised beds our FAMILY COUNCIL built in the spring. Residents enjoyed picking the tomatoes, beans, and cucumbers, while enthusiastic Dom Lipa staff created delicious salads for residents to enjoy.

In October, our FAMILY COUNCIL gardeners planted hundreds of bulbs (daffodils, alliums, and crocuses) in the numerous gardens all around the building for a spring bloom that we can all look forward to enjoying in early 2020!

Family Council



Thank You to Our Corporate Sponsor for their generous support of Dom Lipa's newsletter!



SAVE. BORROW. INVEST. 

DOM LIPA HOURS
1st and 3rd Monday
of every month
1:00 PM to 1:30 PM
Find us in the
lower level of the
west wing by the
tuck shop.

CONTACT US
T: 416-255-1742
E: main@moyafinancial.ca

MAIN BRANCH HOURS
Monday to Wednesday
9:30 AM to 4:30 PM
Thursday & Friday
9:30 AM to 7:00 PM
Saturday
9:00 AM to 1:00 PM

VISIT US
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Visit us online at moyafinancial.ca

SAVE THE DATES

Sunday, March 22, 2020
Annual General Meeting
(AGM)

Sunday, May 31, 2020
Dom Lipa Walk-A-Thon



1st and 3rd Monday of every month
1:00 PM to 1:30 PM

Finančna institucija, ki skrbi za vse vaše finančne potrebe in našo skupnost. Skupaj varčujemo za naslednje generacije!
Moya cares for your financial needs and our community. Let's save together for the next generation!

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Sponsorship Opportunities:

We invite companies to contribute to our quarterly publications through their sponsorship. In order to promote your business, please provide us with your company logo and applicable information to be advertised on the final page of each issue. Contact our office for more information at 416-621-3820 Ext 221 or email at info@domlipa.ca.



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If you need to contact the Dom Lipa FAMILY COUNCIL or for more information, please email them at:

domlipafamilycouncil@gmail.com

This fall issue covered events from August 30, 2019 – November 27, 2019. Our winter issue will be available in March 2020.

To receive our newsletter via email, please send a request to: info@domlipa.ca or contact our Business Office at 416-621-3820 Ext. 221.