

## A Message from Jolanta Linde, Executive Director

Dear Dom Lipa residents, families, volunteers and friends,

I hope spring is hiding just around the corner! The days are getting longer and florists are already selling tulips. Soon, very soon, nature will start renewing itself.

Coincidentally, Dom Lipa is also looking at a renewal. The 30 long term care beds on Kastelic Wing will need to be redeveloped in the next five years. Currently Kastelic Wing is classified as category C long term care facility. In order to renew the licence in 2023 Dom Lipa needs to redevelop to meet Category A long term care design standards – our bathrooms need to be larger, the dining rooms more spacious and activity rooms more accessible.

We have begun planning for this project, studying financial needs and considering how to make this happen with the least impact to our residents' daily lives. I will keep you informed as we move through this project. Never hesitate to ask questions, give suggestions and express your thoughts about what we are doing. Our doors are open and Dom Lipa management welcomes your viewpoint.

On a different note, I am proud to announce that Dom Lipa has started Gentle Persuasive Approach training for all employees. The first session took place February 12th and the next one is scheduled for the beginning of April. All employees who took part in the first session deemed it as a valuable education. This training, among many other topics, puts big emphasis on The Residents Bill of Rights. Dom Lipa is your home and we are here to help you!

Yours truly,  
Jolanta

Welcome to our

new residents

Anna Pistan

Anne Kesner

Vera Raspudic

Mary Teresa  
McVeigh

Gabriela Jamernik

Dobrodošli

novi stanovalci!

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# Celebrating Christmas



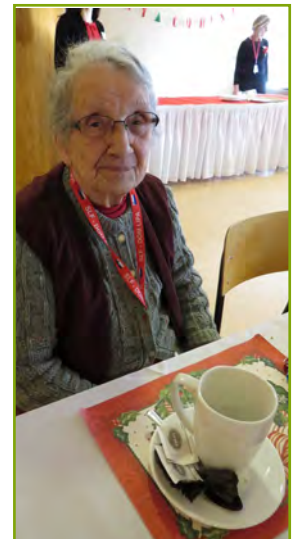
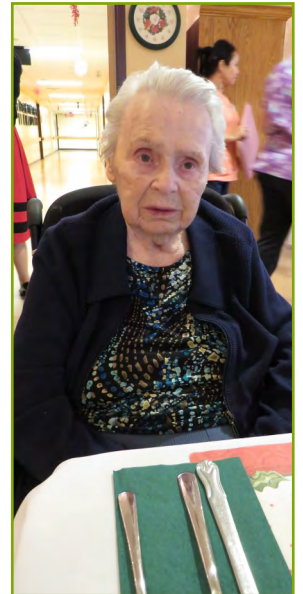
# Praznovanje božiča



# Celebrating Christmas



# Praznovanje božiča



# Celebrating Christmas



# Praznovanje božica



# Celebrating Christmas





# Praznovanje božica



# Thank you

Hvala

We thank *everyone* who shared their talents with our residents. We are grateful for the entertainment of .....

Milan



Nežka



Theresa Plut, soloist  
& Nejc Lavrenčič,  
pianist from Slovenia



Family Pregelj



Thank you to Nasa Pesem  
for their performance at  
Dom Lipa.

Folklore Ensemble Croatia



Jadran



# Happy Birthday

## Vse najboljše

**CONGRATULATIONS!**  
IT'S YOUR BIRTHDAY!

The following residents are celebrating birthdays in the month of  
**DECEMBER**

Franc Kofol	December 3, 1934
Maria Plainchek	December 8, 1921
Genovefa Pregelj	December 14, 1934
Angela Horvat	December 19, 1930
Allan Thompson	December 27, 1931



<b>Birthday Party</b> Date: Thursday December 13, 2018 Time: 2:30 p.m. Location: Retirement Lobby	<b>Birthday Party</b> Date: Thursday December 20, 2018 Time: 2:30 p.m. Location: K-wing Activity Room
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**CONGRATULATIONS !**  
IT'S YOUR BIRTHDAY!

**JANUARY**

Mary Teresa McVeigh	January 4, 1936
Vera Raspudic	January 6, 1936
Irena Burdyszek	January 7, 1926
Yolanda Gorjup	January 10, 1928
Franc Campa	January 14, 1930
Paula Ziahtic	January 18, 1929
Marija Papa	January 24, 1937
Antonia Jeric	January 25, 1932
Joseph Malesich	January 27, 1938
Caroline Borosich	January 30, 1927
Ignac Krizman	January 31, 1916



<b>Birthday Party</b> Date: Thursday January 10 <sup>th</sup> Time: 2:30pm Location: Retirement Lobby	<b>Birthday Party</b> Date: Thursday January 31 <sup>st</sup> Time: 2:30pm Location: K-wing Activity Room
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**CONGRATULATIONS!**  
IT'S YOUR BIRTHDAY!

**FEBRUARY**

Dora Kavcic	February 6, 1924
Valentin Koncan	February 10, 1932
Gloria (Slavka) Stajan	February 14, 1927
Anne Kesner	February 23, 1940
Gabriela Jamernik	February 24, 1927



<b>Birthday Party</b> Date: Thursday, February 23, 2019 Time: 2:30 p.m. Location: Retirement Lobby	<b>Birthday Party</b> Date: Thursday, February 21, 2019 Time: 2:30 p.m. Location: K-wing Activity Room
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## Did you know?

## Ali ste vedeli?

Dom Lipa welcomes guests to join their loved ones for a meal.

Effective April 1<sup>st</sup>, 2019:

Long Term-Care and Retirement Home residents and guests will enjoy their meal in the Retirement Dining Room, Lower Level. This location is more spacious than the LTC Dining Rooms and better suited to accommodate guests. Meal times will be 12:00 p.m. and 5:00 p.m.

Advance notice is required to arrange for the additional meal(s) and to reserve the seating.

- Meal tickets, \$10.00 per guest, are available in the Business Office. Limit of 6 guests joining the resident.
- Please purchase tickets for Monday to Friday meals a minimum of 3 hours in advance and tickets for Saturday and/or Sunday by Friday by 1:00 p.m.
- When purchasing meal tickets please advise the Business Office the date, meal time and number of guests who will be joining your loved one.

\*We understand there may be occasions where you may need to telephone the Business Office at 416-621-3810 Ext 221 to pre-book the tickets and purchase them on Monday to Friday in the Business Office or on Saturday and/or Sunday from the Charge Nurse K-Wing.

- On the day of the meal, please meet your loved one, sign them off the LTC unit and go to the Retirement Dining Room, Lower Level. Please be advised that supervision and assistance with feeding will not be provided in the Retirement Dining Room.

\* Due to space limitations we are unable to accommodate guests on statutory holidays, Mother's Day and Father's Day. Private parties can be accommodated in the Dom Lipa Auditorium or the Recreation Room. Bookings for these rooms are through the Business Office and are on a first come, first-served basis. There is no charge to rent the room but donations are most welcome.

Thank you for your understanding as we work together to enhance the dining experience for our residents and their guests.

# Centenarian Club

Dom Lipa held their annual Centenarian Club celebration on January 31st. For this occasion, there was a wonderful reception in the Dom Lipa Auditorium to recognize centenarian Ignac Križman on his 103rd birthday!

Family, friends and fellow residents gathered to honour this very special member of our community. The occasion included a blessing by Father Plazar, speeches by Board member, Joe Cestnik and Executive Director Jolanta Linde, cake (of course) and a toast. Mr. Križman was presented with a framed Centenarian Club membership certificate and Canada/Slovenia lapel pin.

Traditional Slovenian music and songs were enjoyed by all. A special thank you to accordionist Marjan, vocal group Fantje and Family Band Gregorič for providing the entertainment.

On February 5th, Plamen gave a special performance in honour of Mr. Križman. Residents, family and friends gathered in the Dom Lipa Auditorium to enjoy a wonderful concert.

Congratulations and God's richest blessings to our Dom Lipa centenarian!



Ignac Križman, daughter Sophie, wife Sofia



# Our Community

## Naša Skupnost

### Volunteers are an integral part of our Home.

We thank our dedicated and caring volunteers for their important role in enriching the lives of our residents. Each and every family member, friend and community resident who volunteers is a treasured member of our care team.

Some activities at Dom Lipa that could use the help of volunteers:

- Arts and Crafts
- Friendly visits, reading
- Baking, gardening
- Beauty hour, hand massaging
- Bingo, sing-a-longs
- Transporting and accompanying residents to mass
- Walking with residents or wheeling wheelchair-bound residents around the Home
- Certified Feeder Program - help our residents maintain their independence by providing assistance during meal service ( training will be provided )

For more information please visit [www.domlipa](http://www.domlipa.ca) .ca tab Join us.

### Family Council Bake Sale

The FAMILY COUNCIL had their first bake sale on December 8<sup>th</sup> and 9<sup>th</sup> and it was a great success. Thank you to everyone who supported the Dom Lipa FAMILY COUNCIL by baking and buying our goodies.

We also want to thank all those who attended our February the 11<sup>th</sup> meeting where we presented information on “Our Role in Long Term Care, the Disability Tax Credit, and Informed Decision Making.”

We had an overwhelmingly positive response and stimulating discussions around the topics presented. Thank you to all. If anyone is interested in joining our Council please email us at:

[domlipafamilycouncil@gmail.com](mailto:domlipafamilycouncil@gmail.com)



# Duhovna Misel

## Spiritual Message

V molitvi ni prostora za 'jaz'. Vedno je 'ti' in 'mi'

O najpomembnejši krščanski molitvi **Očenaš** je imel papež Frančišek zadnje čase vrsto katehez. "Moliti moramo, kakor nas je on (Jezus) naučil," je dejal papež med katehezo, ki je imela naslov Oče vseh nas.

Jezus je rekel: Kadar moliš, pojdi v tišino svoje sobe, odmakni se od sveta in se obrni na Boga z 'Oče!' Jezus želi, da njegovi učenci ne bi bili kakor hinavci, ki molijo stoje na trgih, da bi jih drugi ljudje občudovali, je dejal papež. Poudaril je "...Pred Bogom nobena prevara nima moči. Bog nas pozna... ne moremo se pretvarjati."

Na začetku pogovora z Bogom je tihi pogovor, kakor se srečata pogleda dveh oseb, ki se ljubita: človek in Bog prekrižata pogleda in to je molitev. Gledati Boga in pustiti, da te Bog gleda – to pomeni moliti.

Papež je ob tem pripomnil, da na ta način kristjan ne pusti sveta zunaj pred vrati svoje sobe, ampak v srcu nosi osebe in situacije, probleme in mnoge druge stvari. Vse jih prinaša v molitev.

Papež Frančišek je opozoril, da v molitvi Očenaš manjka ena beseda, ki pa se v današnjem času zelo poudarja: to je beseda 'jaz'. "Jezus nas uči moliti na način, da bi imeli na ustnicah predvsem 'ti', kajti krščanska molitev je pogovor: posvečeno bodi tvoje ime, pridi tvoje kraljestvo, zgodi se tvoja volja. Ne moje ime, moje kraljestvo, moja volja. Ves drugi del Očenaša se nanaša na prvo osebo množine: daj nam naš vsakdanji kruh, odpusti nam naše dolge, ne zapusti nas v skušnjavi, reši nas hudega." Tudi najosnovnejše človekove prošnje, kakor je za hrano, so v množini. V krščanski molitvi nihče ne prosi kruha zamo zase: daj *mi* danes kruh, ampak daj *nam*, za vse uboge tega sveta.

V Spomin  
In Memoriam

Mara Muhič  
Ivan Arvaj  
Mary Sturm

Naše globoko  
sožalje sorodnikom

Our deepest  
condolences  
to the families.

Continued on page 15

# Duhovna Misel

## Spiritual Message

**V molitvi ni prostora za 'jaz'. Vedno je 'ti' in 'mi'**

Zakaj je temu tako? Papež je odgovoril: *“V pogovoru z Bogom ni prostora za individualizem. Nobenega razkazovanja svojih problemov, kakor da bi bili mi edini na svetu, ki trpimo. Ni molitve k Bogu, ki ne bi bila molitev ene same skupnosti bratov in sester, nas.”* Papež je dodal, da nasprotno od 'jaz' ni 'ti' – to je namreč začetek vojne. Nasprotno od 'jaz' je 'mi' – tukaj je mir.

Kristjan v molitvi prinaša pred Boga vse težave, ki jih živijo osebe ob njem. Ko pride večer, pripoveduje Bogu o bolečinah, ki jih je srečal v tem dnevu. *“Če se kdo ne zaveda, da so okoli njega mnogi ljudje, ki trpijo, če ga ne ganejo solze ubogih, če se je navadil na vse, to pomeni, da je njegovo srce iz kamna. V tem primeru je dobro prositi Gospoda, naj se nas dotakne s svoji Svetim Duhom in omehča naše srce.”*

Papež je poudaril, da nas Jezus uči moliti tudi za tiste *“ki očitno ne iščejo Boga”*, kajti Bog išče ravno te ljudi *“bolj od vseh ostalih.”* Jezus ni prišel zaradi zdravih, ampak zaradi bolnih, zaradi grešnikov (glej Lk 5,31).

*“Bratje in sestre,”* je še dejal papež, *“ob zatonu življenja bomo sojeni po ljubezni, po tem, kako smo ljubili. Ne samo čustvena ljubezen, ampak sočutna in konkretna, v skladu z evangelijskim pravilom: ‘Kar koli ste storili enemu od teh mojih najmanjših bratov, ste meni storili’ (Mt 25,40).”*

*cfr. Vatican news, Feb 13, 2019)*

Pripravil Ivan Plazar, C.M.

### **Thank you**

We thank G. Ivan, G. Tine and G. Valentin for administering the sacrament of confession at Christmas and Anointing of the Sick on February 13th.

# Thank you to Our Corporate Sponsor

for their generous support of Dom Lipa's newsletter!



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**SAVE. BORROW. INVEST.** 

**DOM LIPA HOURS**  
1st and 3rd Monday of every month  
1:00 PM to 1:30 PM  
Find us in the lower level of the west wing by the tuck shop.

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E: [main@moyafinancial.ca](mailto:main@moyafinancial.ca)

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**SAVE THE DATES**

**Sunday June 2, 2019**  
**Dom Lipa Walk- A-Thon**

**Sunday November 3, 2019**  
**Dom Lipa Luncheon**

## Sponsorship Opportunities:

We invite companies to contribute to our quarterly publications through their sponsorship. In order to promote your business, please provide us with your company logo and applicable information to be advertised on the final page of each issue. Contact our office for more information at 416-621-3820 Ext. 221 or email at [info@domlipa.ca](mailto:info@domlipa.ca).



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## Contact Us

Dom Lipa  
**52 Neilson Drive**  
Etobicoke, ON M9C 1V7  
416-621-3820

[info@domlipa.ca](mailto:info@domlipa.ca)

If you need to contact the Dom Lipa FAMILY COUNCIL or for more information, please email them at:

[domlipafamilycouncil@gmail.com](mailto:domlipafamilycouncil@gmail.com)

This winter issue covered events from November 29, 2018 – February 26, 2019. Our spring issue will be available in June 2019. To receive our newsletter via email, send a request to: [info@domlipa.ca](mailto:info@domlipa.ca) or contact our Business Office at 416-621-3820 Ext. 221