

DOM LIPA NEWS



Rooted in Tradition. Caring for the Future.

Vol. 4 No. 3

SUMMER 2019

Walk-A-Thon June 2, 2019

Update August 21, 2019

The 37th Annual Dom Lipa Walk-A-Thon brought together Slovenians of all ages to enjoy the outdoors along the beautiful trail just beside the Slovenian Summer Camp and raised funds to benefit Dom Lipa seniors. Thank you to all of you who came out and made the day a success.

Here are some significant numbers:

- Amount of money raised: \$71,002.00, just \$4,200.18 short of last year's funds
- Number of people taking part: 90 Sponsors: 527
- Number of cyclists: 17 organized by Val Končan. Once again a big thank you to him and all of the cyclists!
- Youngest participant: Leah Letnik 1 year
- Oldest participants: Stan Šajnovič, Louise Svetina
- Biggest single donor: Stan and Josephine Šajnovič in the amount of \$20,000
- Young walker under 18 years with most donations – Justin Gruškovnjak in the amount of \$1,320.00
- A special thank you to Emilia Ficko and Milena Soršak, who each raised just over \$2,000.00

Awards:

Tony Flegar Memorial Award for most donations collected - Anton Grašič - \$3,250.00
Jože Štrukelj Trophy for eldest walker - Louise Svetina and Stan Šajnovič
Frank Arhar Memorial Prize for single largest donation -
Mr. & Mrs. Stan and Josephine Šajnovič

Thank you to the four pillars supporting our seniors!

- Our walkers
- Our sponsors and prize donors: Moya Financial, Family Meat and Delicatessen, Bateman Mackay, Silverfox Pharmacy, Slovenian Summer Camp, Stan Konda Konda Financial and iFab Metal Manufacturing (4 Blue Jays Tickets), Group Source (2 Blue Jays Tickets) , Lydia Horton (2 Blue Jays Tickets) and Condu Electric (2 wine bottles plus cash donation)
- Our volunteers
- Our donors

Special appreciation to the Slovenian Summer Camp– Slovensko Letovišče

For years, they have graciously hosted the Dom Lipa Walk-A-Thon. We are grateful for the help of Marica Komavli in the kitchen, Marko Bratovž and Mario Resnik.

Thank you again for making this year's Walk-A-Thon a brilliant success. Please share the good news with your family and friends!

(Photos and more Walk-A-Thon news can be found on page 11)

Welcome to our new residents

Frančiška Urbanc

Nadia Melnyk

Stan Vovk

Mary Vovk

Milan Saric

Robert Zadel

Marija (Mary) Zagar

Katarina Kolenko

Maria Babinska

Josie Urbanc

Eleonora Rybicki

Teresa Rybicki

Dobrodošli novi stanovalci!

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What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Shoe Sale



Reading Session with Maria A. Pollak



Welcome Kanji, St. John's Ambulance Therapy Dog. Kanji visits on Wednesdays.



iPad Games



Thank you Oktet Castrum from Slovenia for the wonderful musical entertainment!



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Congratulations Dom Lipa Volunteers



Missing from photo: Millie & Florian

A ceremony was held at the Neilson Art Centre on June 15th to recognize volunteers from the community.

Congratulations, Kristina, Antonia, Štefan, Cveta, Brigitta, Mary and Stella, pictured with Borys Wrzesnewsky, Member of Parliament, Etobicoke Centre. The group received certificates of recognition for at least 10 years of volunteer service at Dom Lipa.

Thank you from all of us at Dom Lipa for all you do! We couldn't do it without you!

Thank you Plesati Group for your performance. The residents had a great time!



Thank you Croatian Choir . The residents enjoyed the singing and piano accompaniment very much!



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Celebrating Birthdays



What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Celebrating Birthdays



Thank you Ansambel Skrivnost from Slovenia for the great performance!



Staff Appreciation Week

Zahvalni teden

We thank *all* staff for all they do, not only during Staff Appreciation Week, but all through the year. We thank them for their outstanding commitment and their contributions to enrich the lives of our residents.

Events held throughout the week (June 10 -14) included the Years of Service Ceremony with a BBQ and a caricaturist, healthy snacks, coffee and strudel, palačinke, ice cream sundaes and presentations on Musculo-skeletal Disorders, Giving Positive Feedback, QI Gong and WYN Fitness Club.

Congratulations 2019 Years of Service Anniversary Recipients



Renata 30 Years



Consortia 20 Years



Jocelyn 20 Years



Barbara 15 Years



Maria 15 Years



Cecilia 5 Years



Svitlana 5 Years

Canada Summer Jobs Program

The Canada Summer Jobs program provides wage subsidies to eligible employers to create quality summer work experiences for young people aged 15 to 30 years.

Dom Lipa was generously awarded a grant for 2 full time positions as Life Enrichment Aides on the Retirement Floor for an eight (8) week period. The grant made it possible to hire Melissa and Angela in a position that would not be possible without it.

A Message from Melissa and Angela



Melissa and Angela

Puzzles, puzzles, and more puzzles. Can life at Dom Lipa get any better than that? The answer is yes! Angela and I, Melissa, have had the most memorable summer with the Dom Lipa family.

We have called numerous Bingo games, completed several puzzles, travelled with the residents, led exercise classes, explored the Dom Lipa grounds, and most importantly, created life long memories at Dom Lipa.

"Life Enrichment Aide" is meant to enrich the lives of the people we serve. Throughout our time at Dom Lipa, our lives have also been enriched thanks to the welcoming and supportive people at Dom Lipa.

All of us at Dom Lipa sincerely thank Melissa and Angela for joining us this summer in the Canada Summer Jobs Program. We couldn't do it without you!

Did you know?

Ali ste vedeli?

Palliative Care Program and End-of-Life Program at Dom Lipa

Dom Lipa has developed a palliative care program and an end-of-life care program.

The Palliative Care committee meets on a regular basis and discusses residents' palliative care needs. It is a multidisciplinary approach. Members include registered nurses and registered practical nurses, a physician, volunteers, and a personal support worker. Spiritual, dietary and activation support is also included.

Members have been trained, through the Palliative Care Network, Pallium Canada and Canadian Hospice Palliative Care Association, to facilitate conversations with the resident and family around illness, prognosis, and goals of care and treatment options.

As part of the program we provide information to the residents and families about the roles of a substitute decision maker, cardiopulmonary resuscitation decisions, ethics in nutrition and palliative care definitions.

Members of the committee are often asked if palliative care means imminent death. There is a difference between palliative care and end-of-life care.

Palliative care focuses on care and controlling symptoms of a disease when a cure for an illness is not possible. It focuses on the resident's quality of life by including spiritual, religious and psychological needs and symptom management.

End-of-life care is a part of palliative care and the major goal is to allow the resident to die with dignity when the resident is nearing end of life. End-of-life care extends to the resident's family and those who suffer a loss.

Both types of care involve pain and symptom management through pharmacological and non-pharmacological strategies, spiritual and religious support by the in-house priest Fr. Plazar, and by Dom Lipa volunteers.

The committee also incorporates visual cues for other residents, families and staff.

If you see a picture of "Forget me not" flowers on a resident's room door, please behave quietly, this person's life is nearing the end.

If you see a picture of a Blue Butterfly on a resident's room door, please say a little prayer as this resident has passed away.

Dom Lipa's Palliative Care Committee

Duhovna Misel

Spiritual Message

S čim lahko druge obogatimo?

V prvi katehezi po julijskem premoru je papež Frančišek zopet nadaljeval s katehezami. Tokrat o Apostolskih delih in sicer z opisom srečanja Petra in Janeza s hromim pri vhodu v tempelj, ko je prosil vbogajme. Pri tem je poudaril na potrebo zaupanja v Gospoda, ter da je Jezusova roka tista, ki preko naše roke pomaga drugim vstati. Zato nas je povabil naj razmislimo, s čim lahko druge obogatimo.

“V Apostolskih delih,” je začel papež Frančišek, “oznanjevanje Evangelija ne temelji samo na besedah, ampak na konkretnih dejanjih, ki izpričujejo resnico oznanjevanja.” “To so,” je rekel papež, “čudeži in znaki, ki potrjujejo, da so narejeni v Kristusovem imenu.”

Papež je razložil, da berač pri srečanju za apostoloma, “ni našel denar, pač pa je našel ime ki odrešuje: Jezusa Kristusa Nazarečana.”

“Peter je nato ukazal hromemu naj vstane in prijel ga je za roko in mu pomagal vstati.” (Apd 3)

In tukaj se pokaže, je rekel papež Frančišek, podoba Cerkev, ki ko vidi tistega, ki je v težavah, ne zapira oči, zna gledati človeštvu v obraz, da bi ustvarilo pomenljive odnose, mostove prijateljstva in solidarnosti namesto pregrad. Jezus vedno izteguje roko, vedno želi dvigniti, storiti, da bi ljudje ozdraveli, da bi bili srečni, da bi srečali Boga.

Gre za “umetnost spremljanja”, za katero je značilna občutljivost, s katero se človek približa “sveti zemlji drugega” in “za spoštljivi pogled, polnim sočutja, ki hkrati ozdravlja, osvobaja in bodri k zorenju v krščanskem življenju”. In to storita ta dva apostola s hromim: pogledata ga in mu rečeta “poglej naju”, podata mu roko, ga dvigneta in ozdravita. Tako, poudarja papež, dela Jezus z vsemi nami. Pomislimo na to, ko smo v težkih trenutkih, v trenutkih greha, v trenutkih žalosti. Takrat nam Jezus pravi: “Poglej me: jaz sem tukaj!” Primimo Jezusovo roko in dopustimo, da nas dvigne.

In mi – vsak izmed nas – kaj imamo? Katero je naše bogastvo, kateri je naš zaklad? S čim lahko druge obogatimo? Prosimo Očeta za dar hvaležnega spomina, ko se spominjamo dobrot njegove ljubezni v našem življenju, da bi vsem dali pričevanje hvale in hvaležnosti.

Končno, poudari sv. Oče, nas Peter in Janez učita, naj ne zaupamo v sredstva za zdravljenje, čeprav so koristna, ampak v resnično bogastvo, ki je odnos z Vstalim. “Ne pozabimo, “je zaključil papež Frančišek, “da je Jezusova roka tista, ki preko naše roke pomaga drugim vstati.”

(cfr. Vatican news Aug. 7, 2019)

Pripravil Ivan Plazar, C.M.

V spomin

In Memoriam

Mary Badovinac

Zofija Križman

Boleslaw Jrzynski

Vida Šerbec

Maria (Mara) Osredkar

Angela Ovčjak

**Naše globoko
sožalje sorodnikom.**

**Our deepest condolences
to the families.**

Special Events

Posebni dogodki

Day Trip to Lakefront Promenade



Summer Barbeques



Walk-A-Thon June 2, 2019

THANK YOU to *everyone* who supported Dom Lipa's 37th Annual Walk-A-Thon!



Dom Lipa held an internal fundraiser for Walk-A-Thon Shoe donations.

\$ 1547.00 was raised.

Thank you to everyone who donated!

A special *Thank You* to Mayda McLaren, Theresa Kvas, Dhanmatie Behari, Joseph Malešič and Josie Nosan for their very generous donations.



Thank You to Our Corporate Sponsor

for their generous support of Dom Lipa's newsletter!

moya FINANCIAL

SAVE. BORROW. INVEST. 

DOM LIPA HOURS
1st and 3rd Monday of every month
1:00 PM to 1:30 PM
Find us in the lower level of the west wing by the tuck shop.

MAIN BRANCH HOURS
Monday to Wednesday 9:30 AM to 4:30 PM
Thursday & Friday 9:30 AM to 7:00 PM
Saturday 9:00 AM to 1:00 PM

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moya FINANCIAL

1st and 3rd Monday of every month
1:00 PM to 1:30 PM

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SAVE THE DATES

Sunday, November 3, 2019
Dom Lipa Luncheon

Sunday, March 22, 2020
Annual General Meeting (AGM)

Sunday, May 31, 2020
Dom Lipa Walk-A-Thon

Sponsorship Opportunities:

We invite companies to contribute to our quarterly publications through their sponsorship. In order to promote your business, please provide us with your company logo and applicable information to be advertised on the final page of each issue. Contact our office for more information at 416-621-3820 Ext 221 or email at info@domlipa.ca.



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Zakorenjeni v tradiciji. Skrb za prihodnost.



Contact Us

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If you need to contact the Dom Lipa FAMILY COUNCIL or for more information, please email them at:

domlipafamilycouncil@gmail.com

This spring issue covered events from May 31, 2019 – August 29, 2019. Our fall issue will be available in December 2019.

To receive our newsletter via email, please send a request to: info@domlipa.ca or contact our Business Office at 416-621-3820 Ext. 221.