

## A Message from Jolanta Linde, Executive Director

Dear residents, families, volunteers and friends,

Thank you for the lovely year at Dom Lipa! It has been such a pleasure to learn about Slovenian culture. The hot summer is wrapping up and the more enjoyable outdoor activities are ahead of us. I would like to personally express thanks to Maria Muhič and family for the gorgeous raised herb garden they donated and everyone who planted it! Please enjoy this lovely corner of the W1 wing patio!

There are many changes happening behind the scenes and some are more noticeable than others.

Just a few weeks ago we started using the new phone system. Callers can now contact their desired department correctly and our Office Manager Kristy can better address your concerns without the phone ringing in the background.

Dom Lipa is also preparing for a sprinkler installation on the retirement floor and Kastelic Wing. As the time approaches, we will inform all the residents that will be affected by this work. It is anticipated that there will not be any major construction work required to install the new sprinkler system. Work in each room will not take more than two hours.

The residents of West 1 may have recently noticed that the electric door openers on the link doors between West 1 and Kastelic Wing are no longer locked. The residents from West 1 can now access the chapel and lobby, whenever they wish.

Residents on the Kastelic Wing have new drapes in their rooms. Congratulations to the Resident's Council on picking the pattern and colour. I have heard many compliments from visitors.

We also have some changes in staff positions. Sonja is now our Activation and Volunteer Coordinator and Anne is the Lead for the Behaviour Support Ontario program at Dom Lipa. Both Anne and Sonja had a steep learning curve and took several courses to enrich their education. I am waiting with anticipation when they will take the trainer course this fall in Gentle Persuasive Approach (GPA) techniques. Our goal is that in two years we will have 100% of the employees certified in GPA. Our staff will be better equipped to provide care for our most vulnerable residents.

Please know that this is our residents' home and we are here to help! If you wish to talk to any of us, we are here to listen.

Hvala lepa,  
Jolanta Linde  
Executive Director

Welcome to our  
new residents

Joseph Serbec

Dobrodošli

novi stanovalci!

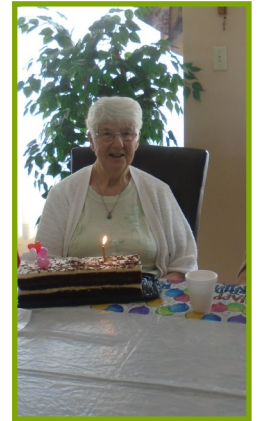
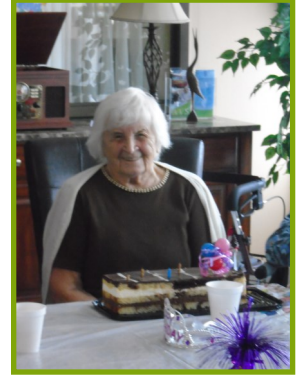
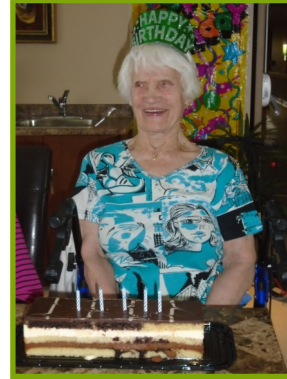
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# What's new at Dom Lipa?

Kaj je novega v Domu Lipa?

Birthday's, sing-a-longs, horticulture, activities.....



# What's new at Dom Lipa?

## Kaj je novega v Domu Lipa?

Welcome Tracey & Therapy Dog Rosie!



Horticulture at Dom Lipa

Thank you to Maria Muhič and family for their generous donation of a gardening centre, plants included, on the Kastelic Wing patio, that is wheelchair and walker accessible. There was a ribbon cutting ceremony July 18th to celebrate this new activity. Thank you as well for the beautiful butterfly garden at the base of the patio!

Thank you Nageljčki for your performance!



Thank you Hervol, from Slovenia, for your entertainment!



BBQ on the Patio



Thank you Martin Težak and accordionists from Slovenia!



# Staff Appreciation Week

## Zahvalni teden

Events throughout the week (June 11-15) included a BBQ, mini-massages, healthy snacks and presentations on Body Mechanics, Heart Health, Back Care and Falls Prevention. Pin Ceremonies were held to recognize staff celebrating Years of Service Anniversaries.

We thank **all** Dom Lipa staff for their commitment to providing the highest quality of care, working together to put our Residents First.

### 2018 Years of Service



Marija 30 Years



Dagmar 25 Years

### 15 Year



Josefina



Adela



Epi



Vera

### 10 Year



Ulyana



Iryna



Lourdes

### 5 Year



Coretta



Zorana

### 15 Year



Anna D.



Lorna



Angie

### 10 Year



Nati



Karen



Esther

### 5 Year



Modesta

### 15 Year



Rowena



Jasna



Kate

### Celebrated Years of Service in 2017



Bozena 15 Year



Tina 10 Year



Luba 5 Year



Thank you Jasna and Adela for the delicious cakes!

Thank you Kata for the donation of outdoor flowers!



Congratulations, Monette! Andrea, her daughter, was born July 2, 2018



# Our Community

## Naša Skupnost

### Volunteers—an integral part of our home

Volunteers enrich the lives of our residents and contribute to the vibrancy of our community. They generously share their time and talents assisting with everyday experiences, recreational activities, escorting residents throughout the home and outdoors, friendly visits and so much more. Thank you to all our dedicated volunteers. We couldn't do it without you!

### Seniors Group

The Seniors' Group meets on Tuesdays at Dom Lipa. They generously share their time and talents: knitting, crocheting and creating various crafts to raise funds for Dom Lipa. We thank them for their participation with their Craft Sale at the Dom Lipa Luncheon.

### A special thank-you to our donors

Your generosity has enabled us to provide quality services at Dom Lipa. Every donation contributes to the well being of our residents. With your support, we continue to uphold our mission statement and foster the medical, social, cultural, recreational and spiritual interests of our residents.

#### FUNDRAISING NEWS!

2018 Walk-A-Thon final total raised **\$75,181!**

Thank you for your generous support!

#### SAVE THE DATES!

*Sunday November 4, 2018*

*Dom Lipa Luncheon, Brown's Line*

*Sunday June 2, 2019*

*Dom Lipa Walk-A-Thon*

# Duhovna Misel

## Spiritual Message

### Božje zapovedi so povabilo

Pri katehezi na trgu sv. Petra je papež Frančišek poudaril, da je resnično krščansko življenje naš hvaležen odgovor velikodušnemu Očetu, ki nas je osvobodil.

Pri tem je pomenljivo to, da je Bog dal Mojzesu Dekalog, deset božjih zapovedi na gori Sinaj šele potem, ko je pokazal svojo ljubezen in jih rešil iz sužnosti tudi s čudežnim prehodom preko Rdečega morja in drugimi čudeži.

Papež je rekel, da se je z besedami "Jaz sem Gospod vaš Bog", Gospod razodel kot naš Bog, ki nas je zaradi ljubezni s katero nas ljubi osvobodil suženjstva in rekel, da nam te besede razložijo, da so božje "zapovedi" pravzaprav povabilo, da s hvaležnostjo odgovorimo na njegovo odrešujočo ljubezen, ljubezen, ki se je v polnosti razodela s prihodom Jezusa njegovega Sina.

Zaradi tega, pravi sveti oče Frančišek se mora kristjan podati na potovanje vere z občutkom hvaležnosti za božjo ljubezen. Rekel je, da mora naša pokorščina Bogu izvirati ne samo iz čuta pokorščine, ampak mora biti navdihnjena s hvaležnostjo in pripravljenostjo, da sprejmemo Njegovo ponujeno ljubezen.

Besede "Jaz sem Gospod Vaš Bog" pravi sv. Oče pomenijo, da nam osebni zaimek pove, da Bog ni tujec, ampak da mi pripadamo drug drugemu. On je *naš* Bog!

To dejstvo nam osvetli celoten Dekalog (deset božjih zapovedi), pravi papež, in nam odkrije v čem je skrivnost kaj pomeni krščansko dejanje (življenje).

Pogosto naše delo in dejanja ne uspejo, ker so narejena iz sebičnih namenov, ali namenov ki so osredotočena na nas, in ne iz hvaležnosti do Boga. Papež razloži in pokaže, da če kdo dela s sebičnimi nameni in kaj bo to njemu koristilo, se bo neizogibno končalo, da bo mislil in delal samo za sebe.

"Samo, ako bomo sprejeli Božjo ponudbo ljubezni, pravi papež, bomo kristjani sposobni uživati resnično svobodo in obilno življenje."

Dejansko nas "zapovedi" osvobodijo sebičnosti, ker nas božja ljubezen priganja. Tako krščanska vzgoja (formacija) nima za osnovo našo voljo, ampak našo pripravljenost, da sprejmemo odrešenje in našo sposobnost, da sprejmemo božjo ljubezen.

(cfr. *Vatican news*, June 27, 2018)

Pripravil Ivan Plazar, C.M.

V Spomin  
In Memoriam

Francka Kramar

Naše globoko  
sožalje sorodnikom

Our deepest condolences  
to the families.

# Did you know?

## Ali ste vedeli?

Dom Lipa and Maria Muhič were recently mentioned in an article -Topic of Ethnic Nursing Homes . Please read below excerpts from the article. To read the entire article it is posted on the Dom Lipa website at [www.domlipa.ca](http://www.domlipa.ca) or at <http://healthydebate.ca/2018/08/topic/ethnic-nursing-homes>

### What are the benefits of having ethnic-specific nursing homes?

There is evidence to suggest that ethnic minority residents living in mainstream nursing homes tend to have poorer outcomes compared to the rest of the residents.

Unfortunately, few studies have been conducted to compare ethnic versus mainstream nursing homes. One [study in Australia](#) compared Greek and Italian residents with dementia who lived in either an ethnic-specific or mainstream nursing home. They found that residents living in ethnic-specific homes had better verbal communication with other residents, and lower anti-psychotic medication prescription rates.

Health Quality Ontario reports nursing home performance across the province using a number of [different quality indicators](#), and although data on ethnic-specific homes is reported on its website, there is no composite or comparative report available.

Residents living in an ethnic-specific home likely also benefit from having a sense of cultural safety and familiarity, though this has not been documented in the academic literature. Through previous news reports, they have applauded these homes for allowing them to [communicate in their native languages](#), [enjoy their own cuisine](#) and [participate in culturally specific activities](#).

Does it all come down to funding?

Like any other area in health care, funding may be a contributing factor to the limited availability of ethnic-specific nursing homes. The funding needed to operate any nursing home in Ontario is standardized and comes from a combination of government subsidies proportional to the number of beds in each home, and [monthly accommodation costs](#) paid by each resident (as of July 2018, \$1,848.73 for basic rooms, \$2,228.63 for semi-private rooms and \$2,640.78 for private rooms). Depending on the nursing home, however, actual operating costs can exceed what is provided through these two sources. This is often the case for ethnic-specific nursing homes, which require additional funding to support their mandate of providing culturally sensitive activities and services.

This is true at Dom Lipa, a 66-bed nursing home in Etobicoke that caters to the Slovenian community. Maria Muhič, a 94-year old resident who has been living there for the past 10 years and is currently president of its resident council, was among the initial group that helped establish the nursing home over 30 years ago, along with her husband and other members of the Slovenian community in Toronto. She recalls acquiring the financial support, land rights and even physically laying the brickwork of what eventually became the home itself. According to Muhič, the goal was to create a place “like home” where Slovenian immigrants could spend their aging years.

Applicants can wait more than 1,900 days for a bed at Dom Lipa as it is currently the only Slovenian nursing home in the province. Despite long wait times, having only a single ethnic-specific nursing home for any given ethnicity tends to be the norm.

# Thank You to Our Corporate Sponsors

## for their generous support of Dom Lipa's newsletter!

	
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This summer issue covered events from May 31, 2018 – August 28, 2018. Our fall issue will be available in December 2018.

To receive our newsletter via email, please send a request to: [info@domlipa.ca](mailto:info@domlipa.ca) or contact our Business Office at 416-621-3820 Ext. 221.